

Men's group map of the journey join us for the adventure of a lifetime.

Detachment motivator Fear

- The explorer and wanderer are like the man that goes walkabout.
- It gives a man time out, an opportunity to develop inner resources.
- A chance to discover his uniqueness.
- Can turn everyday life into chaos.
- **What stops us Fear in Shadow**

Courage motivator Anger

- This is where we set boundaries and take a stand.
- We can set goals that are clear and achievable.
- A willingness to serve a bigger picture.
- Acts with honour and integrity.
- **What stops us Anger in Shadow**

Innocence motivator Love

- Able to express emotions.
- Is spontaneous and is optimistic.
- Compassionate and child like at play everyone matters.
- Has strong intuition and goes with the flow.
- **What stops us Sadness in Shadow**

Mentoring motivator Joy

- Is connected to his spiritual life or higher power.
- Has a strong sense of mission in life.
- He has time for others.
- Is highly motivated shares insights and training.
- **What stops us a Lack of Joy in Shadow**