

Unresolved Anger

Punishment

I'm ok your not ok



Justify

I'm ok your not ok

I'm not ok your ok

Injustice

Punishment

How do you punish others or yourself ?

Justify

We think we have a right to hurt others or ourselves?

Injustice

Where is the injustice in your life?

If you require help with anger management please call or email below

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